# Join Us for this Month's Presentations

## Webinars



#### **August Webinars:**

- ▶ Becoming Your Own Advocate
- Communication Between Generations (for Managers)
- Use the QR codes to sign up for an email alert when each webinar is available





# **Support Sessions**



### Mental Health Struggles: How to Be There for a Friend or Family Member

- ► Thursday, August 30
- ▶ 1 p.m. EDT
- Session password: SK3Vr3mau53



## **Podcasts**



### **OnTopic with Empathia**

- ► Episode 7: The Six Principles of Trauma-Informed Care with Scott Webb
- Episode 8: Introducing Trauma-Informed Care in Your Organization with Scott Webb







