

Join Us for this Month's Presentations

Webinars



November Webinar:

- ▶ Mindfulness - [Sign up for an email alert](#)
- ▶ Win-Win Negotiating (for Managers) - [Sign up for an email alert](#)

Support Sessions



How to Be a Working Caregiver

- ▶ Wednesday, November 15, 1 p.m. EST
- ▶ [Session link](#)
- ▶ Session password: EWuswKGe272

Podcasts



OnTopic with Empathia

- ▶ Surviving the Christchurch Earthquake with Jolie Wills
 - Episode 12: [Part 1](#)
 - Episode 13: [Part 2](#)

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