

Join Us for this Month's Presentations

Webinars



November Webinars:

- ▶ Mindfulness
- ▶ Win-Win Negotiating (for Managers)
- ▶ Use the QR codes to sign up for an email alert when each webinar is available



Support Sessions



How to Be a Working Caregiver

- ▶ Wednesday, November 15
- ▶ 1 p.m. EST
- ▶ Session password: EWuswKG3272



Podcasts



OnTopic with Empathia

- ▶ Surviving the Christchurch Earthquake with Jolie Wills
 - Episode 12: Part 1
 - Episode 13: Part 2



LifeMatters[®]

