Make Your Next Move a Success

﻿To simplify your next move, try these tips:

* Give yourself enough time. Start the planning process at least two to three months prior to your move (if possible).
* Identify how you will move. Will you be using personal vehicles or renting a truck or trailer? If you decide to hire movers, will they do the packing, or will you?
* Research moving companies. Start by determining your budget. Then, read customer reviews. It’s best to obtain at least three to four estimates.
* Stay organized. Use a spreadsheet or checklist to track important tasks. Keep receipts and contracts in a folder or binder.
* Take an inventory. Determine what you want to move, sell, donate, or throw away.
* Get packing. Moving is both stressful and physically tiring, so it’s best to pack gradually rather than all at once.
* Visit your new home prior to your move. If you are renting, walk through with the landlord. Document any items that need repair before you move in. Have the landlord sign this list.
* Create a new home “to-do” list. Key items include:
* Mail forwarding
* Setting up utilities, including TV/Internet
* Updating insurance, car registration, driver’s license, and delivery services
* Move key personal items yourself. Computers, medications, important paperwork, and other precious personal items should not go on a moving truck.

Moving can be stressful. LifeMatters can offer practical resources and emotional support throughout the process. In addition, go to mylifematters.com and visit the Discount Center to find discounts on moving services or truck rentals.

LifeMatters by Empathia

1-800-367-7474

Assistance with Life, Work, Family, and Wellbeing

mylifematters.com

24/7/365

Call collect to 262-574-2509 if outside of North America

Language assistance services in your preferred spoken and written languages are available at no cost by calling 1-800-367-7474.

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